

MAGIC MASSAGE *ULTRA*



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INSTRUCTION MANUAL

START NOW WITH MAGIC MASSAGE.

Having a life that is free from aches and pains is easier than you expected. Now you too can overcome your ailments and be pain free. By using your *Magic Massage Ultra* on a regular basis, not only will you feel relief, you will be on the road to a healthier lifestyle.

INTRODUCTION

Thank you for purchasing your *Magic Massage*. *Magic Massage Ultra* is a 21st Century revolutionary wonder that has the ability to create the feeling of an actual massage. With an unprecedented 16 modes, our *Magic Massage Ultra* unit brings relief from a host of ailments. Equipped with two output ports, our unit supports up to four pads at once for maximum relief.

Similar technology has been used by chiropractors, doctors, orthopedists, and physical therapists for the past three plus decades to provide pain relief for an array of needs and ailments. Now you too can experience the ultra-smooth, deep tissue massage sensations of your own lightweight, portable, and durable *Magic Massage Ultra* device.

OPERATING INSTRUCTIONS

- 1) Plug in both sets of wires into the two ports which are located at the bottom of your *Magic Massage Ultra* device.
- 2) Attach two pads by snapping both onto the fasteners attached to the connecting wires.
- 3) Remove the protective plastic covers off of both pads and sprinkle several drops of water before use in order to prolong the durability and life of your pads.
- 4) Place pads in the vicinity of where the *Magic Massage Ultra* sensations are recommended or desired.
- 5) Turn on the device by sliding the switch located on the top left. Your unit is now activated.
- 6) Increase the intensity of your device to the desired setting and sit back, relax, and enjoy the different pulses and sensations as well as the relief from your tension or pain.
- 7) The timer is set on your device for 20 minutes. This may be increased in ten-minute increments should you so desire. To do this, locate the T button on the front of the device. Press it to add the time to your massage. Your massage unit will shut off automatically after the allotted time has passed. You can stop your device at any time by sliding the on/off button to the right side. Upon finishing your session, please rinse the pads with cool water and rest them face down on the

plastic pad rest. Doing this will extend the life of your pads by protecting them from dirt particles as well as other types of dust and matter.

- 8) Get to know your *Magic Massage Ultra* by experimenting with all of the 16 therapeutic pulses and modes of the device. When changing modes, the intensity of the pulse or massage will reset itself back to the minimum strength conducted from the ports of this device. It is necessary to regulate the intensity of your unit each time you change from one of the existing ten (16) modes to another. This is done by pressing the plus (+) button located below the face of this device. Should you make it stronger than desired, this can be remedied by pressing the minus button (-) which is located across from the plus button (+), below the face of the device. After regular use, you will feel the beneficial results and therapeutic relief that is given by the *Magic Massage Ultra*.
- 9) To recharge the lithium battery, simply plug the *Magic Massage Ultra* device to a computer or an electric outlet using the USB cable and plug provided.

MAGIC MASSAGE ULTRA



MODES

Our *Magic Massage Ultra* has sixteen (16) modes for you to benefit from and enjoy:

1. Kneading
2. Cupping
3. Parego
4. Continuous
5. Stroke
6. Acupuncture
7. Butterfly
8. Shiatsu-Deep
9. Sports Mode
10. Thai
11. Swedish
12. Pulsing
13. Deep Tissue
14. Auto Combination
15. Reflexology
16. Trigger Point

Each of the 16 modes offers a unique pulse with therapeutic and pleasant sensations, which will help you feel relief from aches and pains generated from different ailments of the back, the head, joints, lower and upper extremities, and illnesses such as Fibromyalgia, Arthritis, Rotator Cuff, Joint Disease, Osteoporosis,

Migraine Headaches and Cluster Headaches, TMJ, Chronic Fatigue, and others.

PRECAUTIONS

- Pregnant women and nursing mothers should avoid using this device.
- Never use this device on yourself if you have a pacemaker. Also never place the pads in the region of the heart.
- This device must be avoided by those who are dependent on life support equipment such as respirators or artificial lungs and /or any other related medical apparatus.
- Never touch the inner gel side of the pad while connected to a functioning device.
- Keep this device out of reach from children.

FREQUENTLY ASKED QUESTIONS

How does Magic Massage Ultra work?

Magic Massage Ultra uses bio-electric stimulus to massage your muscles. Your muscles respond to the impulses by contracting and relaxing rhythmically. This massage helps to reduce tension and knots. It can also reduce inflammation and alleviate the pain which stems from it. *Magic Massage Ultra* can help your muscles

and joints feel better. The soothing sensations are similar to that given by a massage specialist, chiropractor or physical therapist.

Where can I use my Magic Massage Ultra pads?

You can use the *Magic Massage Ultra* on almost every muscle and joint area on your body. Do not apply the massage pads near the heart or in the pubic region, nor should you apply pads on scarred areas, on the throat or in the mouth. As a general, if you have a muscle or joint that hurts place the pads on or around the area making sure both pads are aligned with the muscles. The best way to relieve your pain is to find the pain points and apply the pads there.

Magic Massage Ultra is ideal for women to use on their abdominal muscles after giving birth as well as anyone who lives a sedentary lifestyle. The *Magic Massage Ultra* may help tone abs, break down cellulite, and tone other areas of the body.

The *Magic Massage Ultra* is also beneficial to the elderly as well as other people who are forced to sit for prolonged periods of time. One can use *Magic Massage Ultra* on all different muscle groups to maintain muscle tone and prevent stiffness and atrophy. *Magic Massage Ultra* is also used to help relieve tired, achy, and strained muscles. It is designed to give you relaxation and a deep soothing massage.

How far up on the back of my neck can I put the massage pads?

About half-way up the neck is the ideal placement for your massage pads. If you have tension at the base of your head, placing the pads halfway up should help that area. This also helps with headaches.

I put the massage pads on my shoulders and the massage sensation feels uncomfortable. What should I do?

You probably have a lot of tension in that area. Don't realize that they have tension until they get a massage. If the uncomfortable feeling persists for more than a minute or two, move the massage pads over or down a little. Sometimes, an indirect massage is necessary for your really sensitive areas. We also recommend lessening the intensity of your massage.

Is Magic Massage Ultra safe to use?

Bio-electric stimulus is perfectly safe for use. Not only is it safe, it is very therapeutic for most people. There are cases however, when people with certain health conditions cannot use this massager. Pregnant women must avoid using this massager. Patients who use a pacemaker or life support equipment, such as

an artificial heart-lung device(s) and/or respirator-type medical devices must avoid using this massager.

Consult with your doctor before using *Magic Massage Ultra* if you have or think you have:

How long do the massage pads last?

With frequent use, the two pair of pads included with the massager package should last about 4-6 months. Always make sure to apply a few drops of water on the pads before and after use. Cover the pads with their protective films after use and place them on the round holder so they don't dry out.

If you feel an unpleasant or stinging sensation, the pads may be worn out and need replacement. If they look good and have good adhesiveness, check your battery as it may be getting low and a simple charge can help. More massage pads can always be ordered online.

How long will the batteries last in the massager?

Generally about 30 to 42 hours of runtime, or more. This kind of technology is not hard on batteries. You can also use the unit with the wall charger or directly from your computer using the USB cable.

Does Magic Massage Ultra have a warranty?

Yes, *Magic Massage Ultra* has a two-year warranty. Check our warranty on page 21 for further details or online at www.magicmassageultra.com.

We advise you to consult your doctor before using Magic Massage Ultra especially if you have or think you have:

- An acute disease
- Cardiac dysfunction
- Epilepsy
- High blood pressure
- High fever
- An infectious disease
- Any malignancies
- Recent surgery
- Skin problems

**REMEMBER TO KEEP YOUR DEVICE AND PADS
OUT OF REACH OF CHILDREN!**

TREATMENT AND RELIEF FOR SCIATICA

- 1) Plugs two sets of wires into both ports of the device.
- 2) Attach pads to the wires after lightly sprinkling with water.
- 3) Align the pads to the lower back on both the right and left sides.
- 4) Attach the two remaining pads on your lower extremities by sticking them both on the lower outer thighs.
- 5) Regulate the intensity to your comfort and set your timer for maximum results.
- 6) Favorite modes for treatment of Sciatica are both the Kneading and cupping stimuli. It is advisable to do this treatment as needed for thirty minutes at a time. Doing so treats the symptoms and pains associated with Sciatica.

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NECK PAIN:

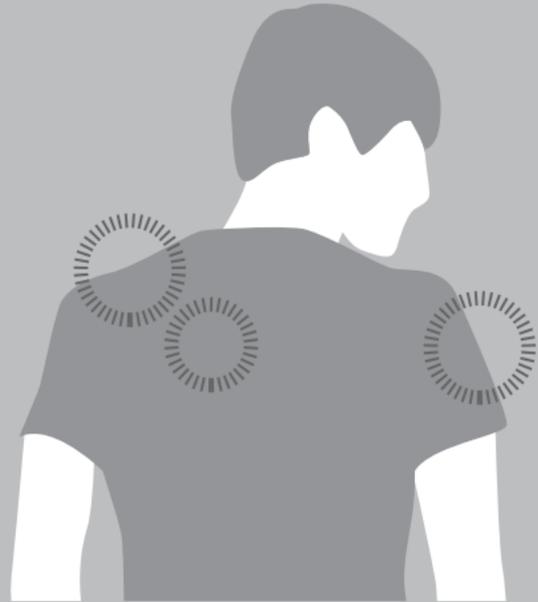
Suffering from neck pain? We have the answer! Your Magic Massage Ultra may soothe and comfort a sore and aching neck.

- 1) Plug in one wire into the port on either the right or left side of your device.
- 2) Fasten both pads by snapping them on to the wires.
- 3) Attach the pads two inches below your neck.
- 4) Attach the other two pads an inch to both the right and left of the other set.
- 5) Turn on your device and set your timer for 20 minutes.
- 6) For maximum benefits and relief, massage daily with your *Magic Massage Ultra* for twenty minutes at a time.

SHOULDER PAIN AND ROTATOR'S CUFF:

- 1) Use one set of wires with two pads. After lightly wetting your pads, attach one 1/2 inch from the top of shoulder on the front side. Attach the remaining pad 1/2 inch from the top of your shoulder on the back side.
- 2) Set your device to the acupuncture mode.
- 3) Set the desired intensity.
- 4) Set timer for 20-30 minutes.
- 5) Remember to wet pads and store on holder after treatment.

Your *Magic Massage Ultra* has a plethora of benefits. Regular use provides a healthier lifestyle and will help keep you free from aches and pains. Increased circulation, relaxation, and the release of serotonin and other endorphins are several of the benefits one can experience from regular use of the device.



MIGRAINE, CLUSTER AND OTHER HEADACHES:

For maximum relief, attach pads to the back of skull and to the temples.

- 1) Set mode for either cupping or assorted cupping.
- 2) Regulate intensity to the desired level.
- 3) Set timer for 30 minutes as needed.
- 4) Upon completion of massage session, detach pads, wet, and place on holder. This keeps the pads clean ready for the next use.



TONING ABS AND MUSCLES:

- 1) Attach four pads to the leads by fastening them by the snaps.
- 2) Sprinkle a few drops of water on your pads.
- 3) Place two pads on alternate sides about one inch above the navel.
- 4) Place the other two pads two inches below your navel on alternate sides.
- 5) Set your device to Sports Modes.
- 6) Set your timer to 40 minutes and increase the intensity to the desired strength.



PAIN IN WRISTS, HANDS, AND UPPER EXTREMITIES:

The *Magic Massage Ultra* is a smart option for the pain in your upper extremities. Thousands of people suffer from pain in the wrists, knuckles, joints, hands, and forearms. The pain often stems from Arthritis, Carpal Tunnel Syndrome, Joint Disease, and other ailments. The *Magic Massage Ultra* will intensely massage these problematic areas and offer you added relief by increasing the circulation of the affected areas. Also, the pleasant sensations that come from the stimulus on this device are a welcome remedy for the aches and pain associated with these diseases and ailments.

WRIST JOINT AND KNUCKLE PAIN:

- 1) Apply one pad to the underside of the wrist.
- 2) Apply another pad to the top of the hand right below the knuckles.
- 3) Set your mode on Lomi.
- 4) Set timer for 30 minutes.
- 5) If both hands and wrists are affected, repeat the process on the other hand and wrist.



CARPAL TUNNEL SYNDROME AND OTHER JOINT PAIN:

Many people suffer from Carpal Tunnel Syndrome and related joint pain. Immediate relief is felt when using the *Magic Massage Ultra*.

For fast relief and treatment, use your device daily, following these steps:

- 1) After attaching the pads to the fasteners on the output wire, sprinkle a few drops of water on them.
- 2) Stick one pad on the inside of the forearm and the other on the area of the elbow.
- 3) Set the mode to Deep Tissue and regulate the desired intensity.
- 4) Enjoy the treatment and massage for up to 30 minutes.



REFLEXOLOGY:

Reflexology is a pleasant foot massage with many beneficial aspects. It can help to increase the blood flow and circulation of the feet and legs. By sending oxygen through the extremities, there is increased circulation and mobility. The *Magic Massage Ultra* may help those suffering from Diabetes, Varicose Veins, Planters Fasciitis and other problems. There are two ways to benefit from the Reflexology Modes. One is by using the pads. Another option is to connect *Magic Massage Slippers* to the device.

REFLEXOLOGY USING PADS:

- 1) Connect both output wires to the two ports on the bottom of the *Magic Massage Ultra*.
- 2) Snap the pads on to the fastener on each wire.
- 3) After sprinkling several drops of water on the pads, attach one pad on the top of the foot below the five toes.
- 4) Attach the other pad to the sole of the foot.



- 5) While in a sitting position, activate the device and set it to the reflexology mode.
- 6) Regulate to the preferred intensity.
- 7) Set timer for 30 minutes.
- 8) REMEMBER to remain seated through the duration of the treatment.

REFLEXOLOGY WITH SLIPPER ATTACHMENTS:

- 1) Another way to enjoy Reflexology is to use the *Magic Massage Slippers* instead of pads.
- 2) Both Slippers can be fastened to the output wires by snaps. The snaps are located on the right inner side of each slipper.
- 3) After attaching the slippers to the device, in a seated position slide feet into the one size fits all slipper and adjust the fitting by tightening or loosening the Velcro straps.
- 4) Choose one of the two reflexology options on your modes.
- 5) Regulate the intensity.
- 6) Set timer for 30 minutes.
- 7) Relax and enjoy the sensations as they stimulate and heal the feet and legs.

Magic Massage Ultra is a portable and durable device that can accompany you wherever you go. We at *Magic Massage* understand that aches and pains should not impair or interfere with one's life. Our sensibly designed *Magic Massage Ultra* is ready to go where you go. Whether you are on your way to a business trip by plane or car, or at home with family and friends, your device is ready for you to use at any given time.

Your USB cord and adapter make it possible to charge the device either on your computer or from an electrical outlet. Sleek, with a state of the art design, you can carry the stylish *Magic Massage Ultra* in your pocket wherever you are.

Whether it's a massage that is desired or pain relief that is needed, *Magic Massage* has the answer. *Magic Massage Ultra* has enhanced the quality of life of hundreds of thousands of people. Now you too can be comfortable by using the device regularly. Improve the quality of your life starting right now!

WARRANTY

The *Magic Massage Ultra* device has a two-year limited warranty (valid in the USA, Canada, and UK only). *Magic Massage Ultra* is guaranteed free from defect in material and workmanship for a period of two years from date of purchase, except as noted below.

The warranty does not cover damage caused by misuse, abuse or accident; the attachment of any unauthorized accessory or alteration of the product. This warranty is only effective if the unit is purchased in the USA, Canada, or UK. Under this warranty, *Magic Massage Ultra* shall not be responsible for any type of incidental, consequential, or special damages. All implied warranties, including but not limited to those implied warranties of merchantability, are limited in the total duration of 2 years from original purchase date.

To obtain warranty service on *Magic Massage Ultra*, please email info@magicmassageultra.com to receive return merchandise authorization (RMA) instructions. A processing fee may apply.